

# Men's Health Urbanathlon

## 5k Male

11/22/2009

| <u>Rank</u> | <u>BIB #</u> | <u>Name</u>                 | <u>Time</u> | <u>Pace (min/km)</u> | <u>Gap from # 1</u> | <u>Age Group &amp; Rank</u> |
|-------------|--------------|-----------------------------|-------------|----------------------|---------------------|-----------------------------|
| 1           | 315          | Regie Lumauag               | 0:20:02     | 0:04:00              | 0:00:00             | C                           |
| 2           | 500          | Randy Bumahit               | 0:20:13     | 0:04:03              | 0:00:11             | B                           |
| 3           | 329          | Giovanni Andaya             | 0:20:24     | 0:04:05              | 0:00:22             | B                           |
| 4           | 328          | Marlon Bolivar              | 0:20:24     | 0:04:05              | 0:00:22             | B                           |
| 5           | 330          | Adonis Lubaton              | 0:22:00     | 0:04:24              | 0:01:58             |                             |
| 6           | 464          | Leomar Mirasol              | 0:23:04     | 0:04:37              | 0:03:02             | B                           |
| 7           | 322          | Benjamin Balais             | 0:23:27     | 0:04:41              | 0:03:25             | B                           |
| 8           | 370          | Joewie Cusipag              | 0:24:03     | 0:04:49              | 0:04:01             | C                           |
| 9           | 91           | Dennis Pacis                | 0:26:29     | 0:05:18              | 0:06:27             | D                           |
| 10          | 33           | Greg Jocson                 | 0:26:53     | 0:05:23              | 0:06:51             | C                           |
| 11          | 372          | Mark Anthony Sta.Maria      | 0:27:00     | 0:05:24              | 0:06:58             | B                           |
| 12          | 314          | Henry Chan                  | 0:27:58     | 0:05:36              | 0:07:56             |                             |
| 13          | 170          | Freddie Dela Cruz           | 0:28:21     | 0:05:40              | 0:08:19             | D                           |
| 14          | 59           | Johnny Sapinosa             | 0:28:39     | 0:05:44              | 0:08:37             | B                           |
| 15          | 250          | Edgardo Agustin Navarro     | 0:28:45     | 0:05:45              | 0:08:43             | B                           |
| 16          | 161          | Arnel Faduga                | 0:29:10     | 0:05:50              | 0:09:08             | C                           |
| 17          | 76           | Julio Bayaban               | 0:29:14     | 0:05:51              | 0:09:12             | D                           |
| 18          | 44           | Marvin Dela Cruz            | 0:29:14     | 0:05:51              | 0:09:12             | B                           |
| 19          | 159          | Arnel Jimenez               | 0:29:15     | 0:05:51              | 0:09:13             | C                           |
| 20          | 212          | Jovie Roqueza               | 0:29:16     | 0:05:51              | 0:09:14             | A                           |
| 21          | 211          | Michael Yap                 | 0:29:21     | 0:05:52              | 0:09:19             | B                           |
| 22          | 155          | Mark Rayos                  | 0:29:30     | 0:05:54              | 0:09:28             | B                           |
| 23          | 117          | Llarence luang              | 0:29:50     | 0:05:58              | 0:09:48             | C                           |
| 24          | 335          | Remegio Jr Abrogar          | 0:29:53     | 0:05:59              | 0:09:51             | B                           |
| 25          | 345          | Josh Sapinosa               | 0:29:53     | 0:05:59              | 0:09:51             |                             |
| 26          | 36           | Winston Rodelo              | 0:30:10     | 0:06:02              | 0:10:08             | C                           |
| 27          | 51           | Joseph Patrick Aguilar      | 0:30:25     | 0:06:05              | 0:10:23             | B                           |
| 28          | 2            | John Benedict Salvador      | 0:30:47     | 0:06:09              | 0:10:45             | B                           |
| 29          | 311          | Nestor San Andres           | 0:31:00     | 0:06:12              | 0:10:58             |                             |
| 30          | 366          | Rex Michael Anthony Mercado | 0:31:05     | 0:06:13              | 0:11:03             | B                           |
| 31          | 312          | Dennis Villanueva           | 0:31:09     | 0:06:14              | 0:11:07             | C                           |
| 32          | 50           | Calvin Lester Leorna        | 0:31:12     | 0:06:14              | 0:11:10             | B                           |
| 33          | 180          | John Sapinosa               | 0:31:13     | 0:06:15              | 0:11:11             |                             |
| 34          | 172          | Anthony Disoma              | 0:31:14     | 0:06:15              | 0:11:12             | B                           |
| 35          | 47           | Kit Montecillo              | 0:31:36     | 0:06:19              | 0:11:34             | B                           |
| 36          | 254          | Paulo Lipana                | 0:31:55     | 0:06:23              | 0:11:53             | B                           |
| 37          | 326          | Carl Garey Maramon          | 0:32:01     | 0:06:24              | 0:11:59             | B                           |
| 38          | 256          | Henlie Sampaton             | 0:32:04     | 0:06:25              | 0:12:02             | B                           |
| 39          | 462          | Joseph Bilangbilin          | 0:32:04     | 0:06:25              | 0:12:02             | C                           |
| 40          | 181          | Ramil Ranario               | 0:32:06     | 0:06:25              | 0:12:04             | C                           |
| 41          | 363          | Divino Pote                 | 0:32:10     | 0:06:26              | 0:12:08             | C                           |
| 42          | 317          | Jacob Isaac Villaruel       | 0:32:11     | 0:06:26              | 0:12:09             | B                           |
| 43          | 90           | Emmanuel Faraon             | 0:32:24     | 0:06:29              | 0:12:22             | C                           |
| 44          | 340          | Edward Philip Lucio         | 0:32:24     | 0:06:29              | 0:12:22             | B                           |
| 45          | 113          | Benjie Dimaculangan         | 0:32:24     | 0:06:29              | 0:12:22             | C                           |
| 46          | 25           | Charlie Espinoza            | 0:32:29     | 0:06:30              | 0:12:27             | D                           |
| 47          | 99           | Paul William Gonzales       | 0:32:38     | 0:06:32              | 0:12:36             | B                           |
| 48          | 206          | Robert Leo Ty               | 0:32:39     | 0:06:32              | 0:12:37             | B                           |
| 49          | 62           | Arnel Agguiz                | 0:32:40     | 0:06:32              | 0:12:38             | B                           |
| 50          | 394          | Ar-jay Queza                | 0:32:48     | 0:06:34              | 0:12:46             | B                           |

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|-------------|--------------|--------------------------|-------------|----------------------|---------------------|-----------------------------|
| 51          | 308          | Anthony Joseph Salazar   | 0:32:57     | 0:06:35              | 0:12:55             | B                           |
| 52          | 119          | Derick Bangug            | 0:32:58     | 0:06:36              | 0:12:56             | C                           |
| 53          | 199          | Nicolas Cu Unjieng       | 0:33:05     | 0:06:37              | 0:13:03             | A                           |
| 54          | 171          | Joseph Ian Ganigan       | 0:33:10     | 0:06:38              | 0:13:08             | B                           |
| 55          | 310          | Robbney Lumampao         | 0:33:12     | 0:06:38              | 0:13:10             | C                           |
| 56          | 205          | Charles Patrick Ty       | 0:33:16     | 0:06:39              | 0:13:14             | B                           |
| 57          | 251          | Jackson Sia              | 0:33:23     | 0:06:41              | 0:13:21             | B                           |
| 58          | 61           | Joseph Mendoza           | 0:33:25     | 0:06:41              | 0:13:23             | B                           |
| 59          | 65           | Raymond Rinoza           | 0:33:36     | 0:06:43              | 0:13:34             | D                           |
| 60          | 66           | Benedicto Pinga III      | 0:33:42     | 0:06:44              | 0:13:40             | C                           |
| 61          | 303          | Marvin Opulencia         | 0:33:46     | 0:06:45              | 0:13:44             | B                           |
| 62          | 280          | Raymund Canta            | 0:33:53     | 0:06:47              | 0:13:51             | B                           |
| 63          | 64           | Ryan Salonga             | 0:33:56     | 0:06:47              | 0:13:54             | B                           |
| 64          | 459          | Konde Luciano Domingo    | 0:34:03     | 0:06:49              | 0:14:01             | B                           |
| 65          | 111          | Romeo Ferrer             | 0:34:08     | 0:06:50              | 0:14:06             | D                           |
| 66          | 281          | Raymond Dela Luna        | 0:34:11     | 0:06:50              | 0:14:09             | B                           |
| 67          | 465          | Ryan Oliver              | 0:34:18     | 0:06:52              | 0:14:16             | B                           |
| 68          | 168          | Josil Gonzales           | 0:34:26     | 0:06:53              | 0:14:24             | E                           |
| 69          | 235          | Zoilo Villadolido        | 0:34:29     | 0:06:54              | 0:14:27             |                             |
| 70          | 419          | Joseph De Castro         | 0:34:32     | 0:06:54              | 0:14:30             | B                           |
| 71          | 338          | James Jr Campued         | 0:34:34     | 0:06:55              | 0:14:32             | C                           |
| 72          | 92           | Michael Lamont Sarandona | 0:34:34     | 0:06:55              | 0:14:32             | C                           |
| 73          | 174          | Sabina Ultra             | 0:34:38     | 0:06:56              | 0:14:36             | E                           |
| 74          | 226          | Francis Ryan Fermin      | 0:34:43     | 0:06:57              | 0:14:41             | B                           |
| 75          | 255          | Frederick Sawit          | 0:34:45     | 0:06:57              | 0:14:43             | B                           |
| 76          | 169          | Paul Arguelles           | 0:34:46     | 0:06:57              | 0:14:44             | C                           |
| 77          | 275          | Dennise Fernandez        | 0:34:46     | 0:06:57              | 0:14:44             | B                           |
| 78          | 240          | Edward Wang              | 0:34:51     | 0:06:58              | 0:14:49             | C                           |
| 79          | 351          | Krisopel Allan Simbajon  | 0:34:54     | 0:06:59              | 0:14:52             | B                           |
| 80          | 166          | Isagani Jr Dudos         | 0:34:58     | 0:07:00              | 0:14:56             | B                           |
| 81          | 221          | Raji Shamaileh           | 0:34:58     | 0:07:00              | 0:14:56             | B                           |
| 82          | 469          | Omar Belo                | 0:35:00     | 0:07:00              | 0:14:58             |                             |
| 83          | 163          | Glenn Ambasa             | 0:35:01     | 0:07:00              | 0:14:59             | B                           |
| 84          | 332          | Nino Bibay               | 0:35:02     | 0:07:00              | 0:15:00             | B                           |
| 85          | 17           | Gerald Cruz              | 0:35:19     | 0:07:04              | 0:15:17             | B                           |
| 86          | 162          | Cyrus Mendoza            | 0:35:29     | 0:07:06              | 0:15:27             | C                           |
| 87          | 16           | Rowald Allan Cruz        | 0:35:29     | 0:07:06              | 0:15:27             | A                           |
| 88          | 387          | Cesan Cruz               | 0:35:30     | 0:07:06              | 0:15:28             | B                           |
| 89          | 344          | Charles Villar           | 0:35:37     | 0:07:07              | 0:15:35             | B                           |
| 90          | 238          | Cris Blas Palanca        | 0:35:39     | 0:07:08              | 0:15:37             | B                           |
| 91          | 187          | Ranier Dave Soria        | 0:35:43     | 0:07:09              | 0:15:41             | C                           |
| 92          | 120          | Bryan Leo Asis           | 0:35:51     | 0:07:10              | 0:15:49             | B                           |
| 93          | 287          | Ian Andren Atizado       | 0:35:56     | 0:07:11              | 0:15:54             | B                           |
| 94          | 288          | Jandrick Co              | 0:35:57     | 0:07:11              | 0:15:55             | B                           |
| 95          | 200          | William Segun            | 0:36:00     | 0:07:12              | 0:15:58             | C                           |
| 96          | 426          | Mauro Lorenzo II Tongco  | 0:36:05     | 0:07:13              | 0:16:03             | B                           |
| 97          | 29           | Jaypee Swing             | 0:36:07     | 0:07:13              | 0:16:05             | B                           |
| 98          | 74           | Christopher Abesamis     | 0:36:18     | 0:07:16              | 0:16:16             | C                           |
| 99          | 9            | Danilo Caluag Jr.        | 0:36:35     | 0:07:19              | 0:16:33             | D                           |
| 100         | 245          | Brian Joseph Capati      | 0:36:37     | 0:07:19              | 0:16:35             | B                           |

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|-------------|--------------|--------------------------|-------------|----------------------|---------------------|-----------------------------|
| 101         | 327          | Edgard Reyes             | 0:36:38     | 0:07:20              | 0:16:36             | D                           |
| 102         | 39           | Jeffrey Gonzales         | 0:36:41     | 0:07:20              | 0:16:39             | B                           |
| 103         | 362          | Ryan Erese               | 0:36:42     | 0:07:20              | 0:16:40             | B                           |
| 104         | 40           | Lloyd Blancaflor         | 0:36:45     | 0:07:21              | 0:16:43             | B                           |
| 105         | 49           | Jay Marvin Bobier        | 0:36:46     | 0:07:21              | 0:16:44             | B                           |
| 106         | 48           | Gerrick De Leon          | 0:36:46     | 0:07:21              | 0:16:44             | B                           |
| 107         | 68           | Orly Ledesma             | 0:36:52     | 0:07:22              | 0:16:50             | D                           |
| 108         | 467          | Gregorio Corruz jr       | 0:36:56     | 0:07:23              | 0:16:54             | D                           |
| 109         | 228          | Robert Maravilla         | 0:37:05     | 0:07:25              | 0:17:03             | B                           |
| 110         | 429          | Arman Salada             | 0:37:24     | 0:07:29              | 0:17:22             | B                           |
| 111         | 271          | Miguel Singsong          | 0:37:26     | 0:07:29              | 0:17:24             | B                           |
| 112         | 445          | Lhon Bituin              | 0:37:33     | 0:07:31              | 0:17:31             |                             |
| 113         | 241          | Miggs Garcia             | 0:37:34     | 0:07:31              | 0:17:32             | C                           |
| 114         | 108          | Paul Macam               | 0:37:45     | 0:07:33              | 0:17:43             | B                           |
| 115         | 420          | Marwin Tatad             | 0:37:47     | 0:07:33              | 0:17:45             | B                           |
| 116         | 447          | Lakhi Celso              | 0:37:48     | 0:07:34              | 0:17:46             |                             |
| 117         | 197          | Roy Christian Aleafara   | 0:37:50     | 0:07:34              | 0:17:48             | B                           |
| 118         | 138          | Morante Leo              | 0:37:54     | 0:07:35              | 0:17:52             |                             |
| 119         | 433          | Nelson Canlas            | 0:37:57     | 0:07:35              | 0:17:55             |                             |
| 120         | 285          | Abe Villajos             | 0:38:09     | 0:07:38              | 0:18:07             | C                           |
| 121         | 347          | Bede Gomez               | 0:38:10     | 0:07:38              | 0:18:08             |                             |
| 122         | 369          | Eric Esplana             | 0:38:11     | 0:07:38              | 0:18:09             | C                           |
| 123         | 422          | Christian Castillo       | 0:38:12     | 0:07:38              | 0:18:10             | B                           |
| 124         | 305          | Jose Martin San Juan     | 0:38:15     | 0:07:39              | 0:18:13             | B                           |
| 125         | 434          | John Fernandez Raspado   | 0:38:16     | 0:07:39              | 0:18:14             |                             |
| 126         | 463          | Albert Villaluna         | 0:38:23     | 0:07:41              | 0:18:21             | B                           |
| 127         | 258          | Calvin Cain Ramirez      | 0:38:25     | 0:07:41              | 0:18:23             | B                           |
| 128         | 27           | Gerry Monserrate         | 0:38:28     | 0:07:42              | 0:18:26             | C                           |
| 129         | 242          | Ramon Garcia             | 0:38:32     | 0:07:42              | 0:18:30             | B                           |
| 130         | 28           | Cleo Miel Serevilla      | 0:38:39     | 0:07:44              | 0:18:37             | C                           |
| 131         | 395          | Lamberto Pangilinan      | 0:38:41     | 0:07:44              | 0:18:39             | C                           |
| 132         | 69           | Darwin Ravinera          | 0:38:44     | 0:07:45              | 0:18:42             | C                           |
| 133         | 52           | Michael Tuta             | 0:38:47     | 0:07:45              | 0:18:45             | B                           |
| 134         | 460          | Jose Leandro Roman       | 0:38:48     | 0:07:46              | 0:18:46             | A                           |
| 135         | 290          | Carlo Augustine Roman    | 0:38:48     | 0:07:46              | 0:18:46             | A                           |
| 136         | 410          | Alexander Bong Adellanes | 0:38:54     | 0:07:47              | 0:18:52             | C                           |
| 137         | 371          | Roel Ona                 | 0:38:57     | 0:07:47              | 0:18:55             | C                           |
| 138         | 121          | Jeferson lopez           | 0:39:01     | 0:07:48              | 0:18:59             | A                           |
| 139         | 346          | John Alonte              | 0:39:10     | 0:07:50              | 0:19:08             |                             |
| 140         | 219          | Bryan Co                 | 0:39:12     | 0:07:50              | 0:19:10             | B                           |
| 141         | 339          | Jose Crisanto Magno      | 0:39:13     | 0:07:51              | 0:19:11             | C                           |
| 142         | 296          | Carl kneset De Leon      | 0:39:29     | 0:07:54              | 0:19:27             | B                           |
| 143         | 202          | Mark Besana              | 0:39:33     | 0:07:55              | 0:19:31             | B                           |
| 144         | 195          | Rudy Flores              | 0:39:41     | 0:07:56              | 0:19:39             | E                           |
| 145         | 3            | Datu Jainal              | 0:39:44     | 0:07:57              | 0:19:42             | B                           |
| 146         | 466          | Edison Maningat          | 0:39:45     | 0:07:57              | 0:19:43             | B                           |
| 147         | 295          | Jason Ignatius. Zacate   | 0:39:48     | 0:07:58              | 0:19:46             | B                           |
| 148         | 194          | Fernando Lansangan       | 0:39:48     | 0:07:58              | 0:19:46             | E                           |
| 149         | 389          | Jose Mari Visda          | 0:39:56     | 0:07:59              | 0:19:54             | C                           |
| 150         | 198          | Jason Chong              | 0:40:06     | 0:08:01              | 0:20:04             | B                           |

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|-------------|--------------|---------------------------|-------------|----------------------|---------------------|-----------------------------|
| 151         | 67           | Paul Shelton Piza         | 0:40:12     | 0:08:02              | 0:20:10             | B                           |
| 152         | 390          | Maria Cristina Visda      | 0:40:25     | 0:08:05              | 0:20:23             |                             |
| 153         | 231          | Dante Villanueva          | 0:40:26     | 0:08:05              | 0:20:24             | D                           |
| 154         | 189          | Erwin Custodio            | 0:40:27     | 0:08:05              | 0:20:25             |                             |
| 155         | 192          | Jo Mitz Salvilla          | 0:40:28     | 0:08:06              | 0:20:26             | B                           |
| 156         | 24           | Francis Espiritu          | 0:40:33     | 0:08:07              | 0:20:31             | D                           |
| 157         | 130          | Robert Prieto             | 0:40:35     | 0:08:07              | 0:20:33             | D                           |
| 158         | 257          | Conrado Samonte           | 0:40:38     | 0:08:08              | 0:20:36             | C                           |
| 159         | 135          | David Nagtalon            | 0:40:39     | 0:08:08              | 0:20:37             | B                           |
| 160         | 232          | James Nathan Paul Binalla | 0:40:51     | 0:08:10              | 0:20:49             | B                           |
| 161         | 233          | Johari Alcances           | 0:40:51     | 0:08:10              | 0:20:49             | B                           |
| 162         | 165          | Jan Mark Caratao          | 0:41:00     | 0:08:12              | 0:20:58             | B                           |
| 163         | 253          | Jeter Reyes               | 0:41:05     | 0:08:13              | 0:21:03             | B                           |
| 164         | 282          | Sandro Roman              | 0:41:16     | 0:08:15              | 0:21:14             | A                           |
| 165         | 475          | Francis Buencamino        | 0:41:18     | 0:08:16              | 0:21:16             | C                           |
| 166         | 98           | Anthony Carlos Que        | 0:41:28     | 0:08:18              | 0:21:26             |                             |
| 167         | 137          | Benjamin Jr Alvarez       | 0:41:32     | 0:08:18              | 0:21:30             | C                           |
| 168         | 58           | Joey Fortuno              | 0:41:33     | 0:08:19              | 0:21:31             | C                           |
| 169         | 26           | Marvin Espineda           | 0:41:36     | 0:08:19              | 0:21:34             | B                           |
| 170         | 266          | Michael Pastrana          | 0:41:36     | 0:08:19              | 0:21:34             | B                           |
| 171         | 923          | Arthur Anthony Dimaguila  | 0:41:38     | 0:08:20              | 0:21:36             | C                           |
| 172         | 384          | Elcid Sanchez             | 0:41:52     | 0:08:22              | 0:21:50             | B                           |
| 173         | 401          | Phillip Russel Tan        | 0:41:54     | 0:08:23              | 0:21:52             | A                           |
| 174         | 4            | Josef Calida              | 0:41:56     | 0:08:23              | 0:21:54             | C                           |
| 175         | 32           | Kristopher Santos         | 0:41:58     | 0:08:24              | 0:21:56             | B                           |
| 176         | 18           | James Edward Dumalaog     | 0:41:59     | 0:08:24              | 0:21:57             | C                           |
| 177         | 230          | Rei Kristian Cuevas       | 0:42:02     | 0:08:24              | 0:22:00             | B                           |
| 178         | 378          | Yu Emmanuel               | 0:42:06     | 0:08:25              | 0:22:04             | C                           |
| 179         | 134          | Jay Baclay                | 0:42:15     | 0:08:27              | 0:22:13             | B                           |
| 180         | 783          | Nest Lee Junia            | 0:42:17     | 0:08:27              | 0:22:15             | B                           |
| 181         | 227          | Eugene Briones            | 0:42:18     | 0:08:28              | 0:22:16             | C                           |
| 182         | 425          | Joel Bautista             | 0:42:24     | 0:08:29              | 0:22:22             | C                           |
| 183         | 320          | Ariel Paredes             | 0:42:26     | 0:08:29              | 0:22:24             | C                           |
| 184         | 307          | Vincent Patrick Mendoza   | 0:42:33     | 0:08:31              | 0:22:31             | B                           |
| 185         | 63           | Mark Kenny Sabarias       | 0:42:34     | 0:08:31              | 0:22:32             |                             |
| 186         | 201          | Eugene Lalaan             | 0:42:46     | 0:08:33              | 0:22:44             | C                           |
| 187         | 237          | Erynn Lantan              | 0:42:50     | 0:08:34              | 0:22:48             | B                           |
| 188         | 424          | Orlie Cleofe              | 0:42:55     | 0:08:35              | 0:22:53             | C                           |
| 189         | 203          | Marco Leandro Grudo       | 0:42:58     | 0:08:36              | 0:22:56             | B                           |
| 190         | 243          | James Tagnia              | 0:42:59     | 0:08:36              | 0:22:57             | B                           |
| 191         | 374          | Motonori Oshima           | 0:43:06     | 0:08:37              | 0:23:04             | E                           |
| 192         | 35           | Emmanuel Palis            | 0:43:08     | 0:08:38              | 0:23:06             | C                           |
| 193         | 183          | Raimond Tabije            | 0:43:24     | 0:08:41              | 0:23:22             | B                           |
| 194         | 127          | Richard Perez             | 0:43:25     | 0:08:41              | 0:23:23             | C                           |
| 195         | 30           | Francis Salazar           | 0:43:25     | 0:08:41              | 0:23:23             | B                           |
| 196         | 319          | Nathaniel Ron Semilla     | 0:43:29     | 0:08:42              | 0:23:27             | C                           |
| 197         | 316          | Jude Philander Dalida     | 0:43:39     | 0:08:44              | 0:23:37             | B                           |
| 198         | 60           | Jenrik Orila              | 0:43:43     | 0:08:45              | 0:23:41             | B                           |
| 199         | 352          | Felipe Mascarenas         | 0:43:46     | 0:08:45              | 0:23:44             | C                           |
| 200         | 218          | Roy Cimafranca            | 0:43:48     | 0:08:46              | 0:23:46             | B                           |

# Men's Health Urbanathlon

## 5k Male

11/22/2009

| <u>Rank</u> | <u>BIB #</u> | <u>Name</u>            | <u>Time</u> | <u>Pace (min/km)</u> | <u>Gap from # 1</u> | <u>Age Group &amp; Rank</u> |
|-------------|--------------|------------------------|-------------|----------------------|---------------------|-----------------------------|
| 201         | 342          | Carlito Mendoza        | 0:43:54     | 0:08:47              | 0:23:52             | D                           |
| 202         | 100          | Carlo Villasenor       | 0:43:58     | 0:08:48              | 0:23:56             | B                           |
| 203         | 42           | Herbert Go             | 0:44:06     | 0:08:49              | 0:24:04             | C                           |
| 204         | 101          | Ashley Jay Cruz        | 0:44:12     | 0:08:50              | 0:24:10             | B                           |
| 205         | 356          | Armon Lorenz Dela Cruz | 0:44:18     | 0:08:52              | 0:24:16             | A                           |
| 206         | 461          | Jann Carlo Luigi Naz   | 0:44:19     | 0:08:52              | 0:24:17             | B                           |
| 207         | 323          | David Koo Chong Ng     | 0:44:22     | 0:08:52              | 0:24:20             | B                           |
| 208         | 193          | Pierre Clarence Ponce  | 0:44:45     | 0:08:57              | 0:24:43             |                             |
| 209         | 246          | Josefino Capati        | 0:44:58     | 0:09:00              | 0:24:56             | E                           |
| 210         | 86           | Reynaldo Sanao         | 0:45:04     | 0:09:01              | 0:25:02             | E                           |
| 211         | 306          | Jan Vincent Dy         | 0:45:08     | 0:09:02              | 0:25:06             | B                           |
| 212         | 421          | Bryan Dinglasan        | 0:45:14     | 0:09:03              | 0:25:12             | B                           |
| 213         | 145          | John Gerwin Eustaguio  | 0:45:19     | 0:09:04              | 0:25:17             | B                           |
| 214         | 22           | Andro Payumo           | 0:45:26     | 0:09:05              | 0:25:24             | C                           |
| 215         | 278          | Nino Paulo Siongco     | 0:45:28     | 0:09:06              | 0:25:26             | B                           |
| 216         | 185          | Ace Duque              | 0:45:30     | 0:09:06              | 0:25:28             | C                           |
| 217         | 350          | John Michael Tan       | 0:45:33     | 0:09:07              | 0:25:31             | B                           |
| 218         | 14           | Adrian Ada             | 0:45:34     | 0:09:07              | 0:25:32             | B                           |
| 219         | 10           | Michael Aaron Lontoc   | 0:45:36     | 0:09:07              | 0:25:34             | B                           |
| 220         | 365          | Em Salvador            | 0:45:51     | 0:09:10              | 0:25:49             | B                           |
| 221         | 234          | Jowenson Ian Sy        | 0:46:02     | 0:09:12              | 0:26:00             | B                           |
| 222         | 430          | Charlee Lazaro         | 0:46:05     | 0:09:13              | 0:26:03             | B                           |
| 223         | 396          | Roscoe Von Ramoso      | 0:46:10     | 0:09:14              | 0:26:08             | B                           |
| 224         | 102          | Francis Flores         | 0:46:20     | 0:09:16              | 0:26:18             | C                           |
| 225         | 103          | Alvin Villegas         | 0:46:21     | 0:09:16              | 0:26:19             | C                           |
| 226         | 277          | Naithan John Alcalen   | 0:46:31     | 0:09:18              | 0:26:29             | B                           |
| 227         | 427          | Christian Baltazar     | 0:46:33     | 0:09:19              | 0:26:31             | C                           |
| 228         | 184          | Nikko De Guzman        | 0:46:46     | 0:09:21              | 0:26:44             | B                           |
| 229         | 182          | Xeris Tan              | 0:46:52     | 0:09:22              | 0:26:50             | B                           |
| 230         | 357          | Felix III Bueno        | 0:47:00     | 0:09:24              | 0:26:58             | C                           |
| 231         | 474          | John Manastas          | 0:47:14     | 0:09:27              | 0:27:12             |                             |
| 232         | 214          | Aaron Muhlach          | 0:47:17     | 0:09:27              | 0:27:15             | B                           |
| 233         | 148          | Seth Morales           | 0:47:20     | 0:09:28              | 0:27:18             | B                           |
| 234         | 217          | Ernesto Miciano        | 0:47:27     | 0:09:29              | 0:27:25             | B                           |
| 235         | 431          | Jai Reyes              | 0:47:31     | 0:09:30              | 0:27:29             |                             |
| 236         | 78           | Joseph Corsame         | 0:47:37     | 0:09:31              | 0:27:35             | C                           |
| 237         | 73           | Antonio Narra          | 0:47:39     | 0:09:32              | 0:27:37             | C                           |
| 238         | 149          | Jose Alistair Nohay    | 0:47:39     | 0:09:32              | 0:27:37             | B                           |
| 239         | 156          | Reandro Lim            | 0:47:51     | 0:09:34              | 0:27:49             | B                           |
| 240         | 216          | Eric yee               | 0:47:54     | 0:09:35              | 0:27:52             | B                           |
| 241         | 239          | Charles Palanca        | 0:47:56     | 0:09:35              | 0:27:54             | C                           |
| 242         | 160          | Jose Ambion            | 0:48:03     | 0:09:37              | 0:28:01             |                             |
| 243         | 56           | Jeremiah Daniel Conde  | 0:48:14     | 0:09:39              | 0:28:12             | B                           |
| 244         | 157          | Mark Thomas Obach      | 0:48:21     | 0:09:40              | 0:28:19             | C                           |
| 245         | 470          | Peter Joseph Pilar     | 0:48:31     | 0:09:42              | 0:28:29             |                             |
| 246         | 133          | Jun Ralota             | 0:48:37     | 0:09:43              | 0:28:35             | C                           |
| 247         | 81           | Samuel Miguel Orbe     | 0:48:52     | 0:09:46              | 0:28:50             | A                           |
| 248         | 304          | Ramon Dela Pena        | 0:48:57     | 0:09:47              | 0:28:55             | D                           |
| 249         | 213          | Reymond Gerard Velayo  | 0:49:15     | 0:09:51              | 0:29:13             | B                           |
| 250         | 229          | Christopher Angot      | 0:49:21     | 0:09:52              | 0:29:19             | C                           |

# Men's Health Urbanathlon

## 5k Male

11/22/2009

| <u>Rank</u> | <u>BIB #</u> | <u>Name</u>             | <u>Time</u> | <u>Pace (min/km)</u> | <u>Gap from # 1</u> | <u>Age Group &amp; Rank</u> |
|-------------|--------------|-------------------------|-------------|----------------------|---------------------|-----------------------------|
| 251         | 333          | Hugo Zacarias Yonzon    | 0:49:26     | 0:09:53              | 0:29:24             | C                           |
| 252         | 274          | Moises Raphael Aguilar  | 0:49:39     | 0:09:56              | 0:29:37             | B                           |
| 253         | 158          | Apollo Mabaet           | 0:49:59     | 0:10:00              | 0:29:57             | B                           |
| 254         | 388          | Marvine Villalon        | 0:50:05     | 0:10:01              | 0:30:03             | B                           |
| 255         | 458          | Carl Abugan             | 0:50:06     | 0:10:01              | 0:30:04             |                             |
| 256         | 454          | Maynard Cruz            | 0:50:06     | 0:10:01              | 0:30:04             |                             |
| 257         | 455          | Mickey Quisano          | 0:50:11     | 0:10:02              | 0:30:09             |                             |
| 258         | 472          | Jad Melegrito           | 0:50:11     | 0:10:02              | 0:30:09             |                             |
| 259         | 236          | Marlon Villanueva       | 0:50:22     | 0:10:04              | 0:30:20             | B                           |
| 260         | 94           | James De Los Santos     | 0:50:37     | 0:10:07              | 0:30:35             | A                           |
| 261         | 126          | Juanico Cabanit         | 0:50:43     | 0:10:09              | 0:30:41             | B                           |
| 262         | 82           | Cary Orbe               | 0:50:47     | 0:10:09              | 0:30:45             | D                           |
| 263         | 348          | Poch Trajano            | 0:50:48     | 0:10:10              | 0:30:46             | B                           |
| 264         | 423          | Michael Capati          | 0:51:05     | 0:10:13              | 0:31:03             | B                           |
| 265         | 87           | Raphael Nazareno        | 0:51:28     | 0:10:18              | 0:31:26             | A                           |
| 266         | 46           | Carmichael Chua         | 0:51:40     | 0:10:20              | 0:31:38             | C                           |
| 267         | 129          | Randolph Andal          | 0:51:50     | 0:10:22              | 0:31:48             | B                           |
| 268         | 283          | Edgar Lazaro            | 0:52:03     | 0:10:25              | 0:32:01             |                             |
| 269         | 128          | Sherwin Tee             | 0:52:13     | 0:10:27              | 0:32:11             | B                           |
| 270         | 249          | Jeffrey Uy              | 0:52:23     | 0:10:29              | 0:32:21             | C                           |
| 271         | 267          | Leo Manalaysay          | 0:53:36     | 0:10:43              | 0:33:34             | B                           |
| 272         | 268          | Carlo Abon              | 0:53:50     | 0:10:46              | 0:33:48             | C                           |
| 273         | 270          | Paulo Marquez           | 0:53:50     | 0:10:46              | 0:33:48             | B                           |
| 274         | 5            | Angelo Tristan Patricio | 0:54:18     | 0:10:52              | 0:34:16             | B                           |
| 275         | 12           | Daniel Joseph Du        | 0:54:19     | 0:10:52              | 0:34:17             | B                           |
| 276         | 325          | John Jerald Tan         | 0:54:48     | 0:10:58              | 0:34:46             | C                           |
| 277         | 358          | Jovan Sanchez           | 0:54:53     | 0:10:59              | 0:34:51             | B                           |
| 278         | 260          | Christopher Capile      | 0:54:57     | 0:10:59              | 0:34:55             | C                           |
| 279         | 71           | John Michael Go         | 0:54:57     | 0:10:59              | 0:34:55             | B                           |
| 280         | 334          | Alvin Joseph Jugo       | 0:56:32     | 0:11:18              | 0:36:30             | B                           |
| 281         | 106          | Allan Lacsas            | 0:57:15     | 0:11:27              | 0:37:13             | B                           |
| 282         | 107          | Rodel Ineto             | 0:57:33     | 0:11:31              | 0:37:31             | B                           |
| 283         | 471          | Wayne Tulio             | 0:57:34     | 0:11:31              | 0:37:32             |                             |
| 284         | 122          | Gener Reyes             | 0:57:41     | 0:11:32              | 0:37:39             | C                           |
| 285         | 379          | Joy Tallafer            | 0:58:00     | 0:11:36              | 0:37:58             | C                           |
| 286         | 402          | Michaelle Go            | 0:58:10     | 0:11:38              | 0:38:08             | C                           |
| 287         | 264          | Jess Benebe             | 0:58:25     | 0:11:41              | 0:38:23             | C                           |
| 288         | 144          | John Anthony Bernardino | 0:59:45     | 0:11:57              | 0:39:43             | B                           |
| 289         | 349          | Miguel De Chavez        | 0:59:57     | 0:11:59              | 0:39:55             | B                           |
| 290         | 210          | Erwin Almario           | 1:01:51     | 0:12:22              | 0:41:49             | C                           |
| 291         | 21           | Michael Reyes           | 1:01:58     | 0:12:24              | 0:41:56             | B                           |
| 292         | 20           | Ferdinand Liwanag       | 1:01:59     | 0:12:24              | 0:41:57             | C                           |
| 293         | 96           | Jaime Mendejar          | 1:02:30     | 0:12:30              | 0:42:28             | B                           |
| 294         | 97           | Ryan Joseph Magundayao  | 1:02:30     | 0:12:30              | 0:42:28             | B                           |
| 295         | 417          | Joseph Patrick Mamaclay | 1:02:46     | 0:12:33              | 0:42:44             |                             |
| 296         | 104          | Michael Gilbert Manalo  | 1:04:23     | 0:12:53              | 0:44:21             | B                           |
| 297         | 456          | Bo Evangelista          | 1:06:14     | 0:13:15              | 0:46:12             |                             |
| 298         | 298          | Stephen Tan             | 1:22:56     | 0:16:35              | 1:02:54             | B                           |
| 299         | 300          | Scott Tan               | 1:22:56     | 0:16:35              | 1:02:54             | B                           |
| 300         | 368          | Nicholson Ong           | 1:23:26     | 0:16:41              | 1:03:24             | B                           |